



ASHCROFT INFANT AND NURSERY SCHOOL

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year One	<p style="text-align: center;">Hand coordination Net + Wall games skills 1</p> <ul style="list-style-type: none"> • I am beginning to develop hand-eye coordination • I receive a ball with basic control • I can participate in simple, small group/partner games • I am beginning to perform a range of throws • I can use equipment safely • I can comment on my own and peers' performances 	<p style="text-align: center;">Gymnastics</p> <ul style="list-style-type: none"> • I can copy and explore basic movements and body patterns • I can remember simple movements and dance steps • I can link movement to sounds and movement <ul style="list-style-type: none"> • I can comment on my own and peers' performances 	<p style="text-align: center;">Dance</p> <ul style="list-style-type: none"> • I can copy and explore basic movements and body patterns • I can remember simple movements and dance steps • I can link movement to sounds and movement <ul style="list-style-type: none"> • I can comment on my own and peers' performances 	<p style="text-align: center;">Hockey</p> <ul style="list-style-type: none"> • I am beginning to develop hand-eye coordination • I can participate in simple, small group/partner games • I receive a ball with basic control • I am beginning to perform a range of throws • I can comment on my own and peers' performances • I can give comments on how to improve performance 	<p style="text-align: center;">Rounders</p> <ul style="list-style-type: none"> • I am beginning to develop hand-eye coordination • I can use equipment safely • I can participate in simple, small group/partner games/Team games • I can comment on my own and peers' performances • I can give comments on how to improve performance 	<p style="text-align: center;">Athletics/ Sport Day Practice</p> <ul style="list-style-type: none"> • I can run at a variety of speeds • I can just from a standing position • I can perform a variety of throws with basic control • I can comment on my own and peers' performances • I can give comments on how to improve performance • I can comment on my own



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	<ul style="list-style-type: none"> I can give comments on how to improve performance 	<ul style="list-style-type: none"> I can give comments on how to improve performance 	<ul style="list-style-type: none"> I can give comments on how to improve performance 			<p>and peers' performances</p> <ul style="list-style-type: none"> I can give comments on how to improve performance
Year Two	<p style="text-align: center;">Tennis</p> <p style="text-align: center;">Net & Wall Game – Skills 2</p> <ul style="list-style-type: none"> I am beginning to apply and combine a variety of skills to a game situation I can perform a variety of throws with coordination and control I develop spatial awareness 	<p style="text-align: center;">Gymnastics</p> <ul style="list-style-type: none"> I explore and create different patterns with movements I can use equipment in a variety of ways to create a sequence I can link movements together to 	<p style="text-align: center;">Dance</p> <ul style="list-style-type: none"> I can copy and explore basic movements with clear control I can vary levels and speed in a sequence I can use space well and negotiate 	<p style="text-align: center;">Hockey</p> <ul style="list-style-type: none"> I am beginning to apply and combine a variety of skills to a game situation I can develop some simple tactics and begin to use them appropriately I am beginning to develop an understanding of 	<p style="text-align: center;">Rounders</p> <ul style="list-style-type: none"> I am beginning to apply and combine a variety of skills to a game situation I can perform a variety of throws with coordination and control I develop spatial awareness I can comment on my own and 	<p style="text-align: center;">Athletics/ Sport Day Practice</p> <ul style="list-style-type: none"> I can change speed and direction whilst running I can jump from a standing position with accuracy I can perform a variety of throws with



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	<ul style="list-style-type: none">• I can comment on my own and peers' performances• I can give comments on how to improve performance	<p>create a sequence</p> <ul style="list-style-type: none">• I can comment on my own and peers' performances• I can give comments on how to improve performance	<p>space clearly.</p> <ul style="list-style-type: none">• I can change direction during a sequence• I can comment on my own and peers' performances• I can give comments on how to improve performance	<p>attacking/defending</p> <ul style="list-style-type: none">• I develop spatial awareness• I can comment on my own and peers' performances• I can give comments on how to improve performance	<p>peers' performances</p> <ul style="list-style-type: none">• I can give comments on how to improve performance	<p>coordination and control</p> <ul style="list-style-type: none">• I can comment on my own and peers' performances• I can give comments on how to improve performance
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