



Ashcroft Infant and Nursery School

PE Long Term Plan

Year Two

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Tennis</p> <ul style="list-style-type: none"> ❖ I am beginning to apply and combine a variety of skills to a game situation ❖ I can perform a variety of throws with coordination and control ❖ I develop spatial awareness ❖ I can comment on my own and peers' performances 	<p>Gymnastics</p> <ul style="list-style-type: none"> ❖ I can explore and create different patterns with movements ❖ I can use equipment in a variety of ways to create a sequence ❖ I can link movements together to create a sequence 	<p>Dance</p> <ul style="list-style-type: none"> ❖ I can copy and explore basic movements with clear control ❖ I can vary my levels and speed in a sequence ❖ I can use space well and negotiate this clearly. ❖ I can change direction during a sequence 	<p>Hockey</p> <ul style="list-style-type: none"> ❖ I am beginning to apply and combine a variety of skills to a game situation ❖ I can develop some simple tactics and begin to use them appropriately ❖ I am beginning to develop an understanding of attacking/defending ❖ I develop spatial awareness 	<p>Rounders</p> <ul style="list-style-type: none"> ❖ I am beginning to apply and combine a variety of skills to a game situation ❖ I can perform a variety of throws with coordination and control ❖ I develop spatial awareness ❖ I can comment on my own and peers' performances 	<p>Athletics</p> <ul style="list-style-type: none"> ❖ I can change speed and direction whilst running ❖ I can jump from a standing position with accuracy ❖ I can perform a variety of throws with coordination and control <ul style="list-style-type: none"> ❖ I can comment on my own and peers' performances

<ul style="list-style-type: none">❖ I can give comments on how to improve performance	<ul style="list-style-type: none">❖ I can comment on my own and peers' performances❖ I can give comments on how to improve performance	<ul style="list-style-type: none">❖ I can comment on my own and peers' performances❖ I can give comments on how to improve performance	<ul style="list-style-type: none">❖ I can comment on my own and peers' performances❖ I can give comments on how to improve performance	<ul style="list-style-type: none">❖ I can give comments on how to improve performance	<ul style="list-style-type: none">❖ I can give comments on how to improve performance
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